

Result – 48th Senior State Weightlifting Championships- 22nd & 23rd
October, 2016(Muzaffarpur)

Men – 56 kg.

Position	Name	District	Snatch	Clean & Jerk	Total
1 st	Anand kumar Yadav	Saran	70 kg.	87 kg.	157 kg.
2 nd	Nirmal Kumar	Bhagalpur	65 kg.	80 kg.	145 kg.
3 rd	Abhishek Kumar	Begusarai	43 kg.	55 kg.	98 kg.

Men – 62 kg.

Position	Name	District	Snatch	Clean & Jerk	Total
1 st	Amarjeet Kumar	Patna	70 kg.	85 kg.	155 kg.
2 nd	Abhishek Kumar	Saran	60 kg.	69 kg.	129 kg.
3 rd	Kundan Kumar	Begusarai	41 kg.	70 kg.	131 kg.

Men – 69 kg.

Position	Name	District	Snatch	Clean & Jerk	Total
1 st	Ranveer Singh	Patna	82 kg.	97 kg.	179 kg.
2 nd	Vishal Singh Yadav	Buxar	76 kg.	97 kg.	173 kg.
3 rd	Suryadeo Pratap Narayan	Begusarai	45 kg.	70 kg.	115 kg.

Men – 77 kg.

Position	Name	District	Snatch	Clean & Jerk	Total
1 st	Vicky	Begusarai	88 kg.	106 kg.	194 kg.
2 nd	Munna Pandey	Buxar	82 kg.	105 kg.	187 kg.
3 rd	Abhash Yadav	Saran	70 kg.	90 kg.	160 kg.

Men – 85 kg.

Position	Name	District	Snatch	Clean & Jerk	Total
1 st	Lav Kush Sah	Buxar	85 kg.	105 kg.	190 kg.
2 nd	Rohan Grover	Katihar	85 kg.	100 kg.	185 kg.

3 rd	Amit Kishore	Buxar	80 kg.	101 Kg.	181 kg.
	Gulshan Kumar	Saran		100 kg.	

Men – 94 kg.

Position	Name	District	Snatch	Clean & Jerk	Total
1 st	Rajesh Kumar Rai	Buxar	70 kg.	95 kg.	165 kg.
2 nd	Ranjan Singh	Patna	72 kg.	85 Kg.	157 kg.
3 rd	Bhupati Gautam	Begusarai	58 kg.	80 kg.	138 kg.

Men – 105 kg.

Position	Name	District	Snatch	Clean & Jerk	Total
1 st	Victor Deca	Katihar	70 kg.	90 kg.	160 kg.
2 nd	Abhay Sunder	Patna	67 kg.	85 kg.	152 kg.
3 rd	Om Prakash	Patna	57 kg.	80 kg.	137 kg.

Men – +105 kg.

Position	Name	District	Snatch	Clean & Jerk	Total
1 st	Shakti Singh	Saran	85 kg.	107 kg.	192 kg.
2 nd	Md. Najmuddin Haider	Katihar	70 kg.	96 kg.	166 kkg.
3 rd	Ankit Kumar	Begusarai	50 kg.	70 kg.	120 kg.

Women—48 kg.

Position	Name	District	Snatch	Clean & Jerk	Total
1 st	Puja kumari	Jehanabad	28 kg.	43 kg.	71. kg.
2 nd	Kritee Kumari	Sitamarhi	15 kg.	18 kg.	33 kg.
3 rd	-----	-----	-----	-----	-----

Women—53 kg.

Position	Name	District	Snatch	Clean & Jerk	Total
1 st	Manisha Kumari	Begusarai	22 Kg.	30 kg.	52 kg.

2 nd	Neha Kumari	Do	25 Kg.	21 kg.	46 kg.
3 rd	-----	-----	-----	-----	-----

Women—58 kg.

Position	Name	District	Snatch	Clean & Jerk	Total
1 st	Sarita Kumari	Sitamarhi	32 kg.	40 kg.	72 kg.
2 nd	Ratan Priya	Begusarai	19 kg.	23 kg.	42 kg.
3 rd	-----	-----	-----	-----	-----

Women—63 kg.

Position	Name	District	Snatch	Clean & Jerk	Total
1 st	Abha Kumari	Begusarai	21 kg.	25 kg.	46 kg.
2 nd	Shristi Rani	Katihar	19 kg.	25 kg.	44 kg.
3 rd	-----	-----	-----	-----	-----

Women—69 kg.

Position	Name	District	Snatch	Clean & Jerk	Total
1 st	Soni Kumari	Bhagalpur	19 kg.	23 kg.	42 kg.
2 nd	Priyanka Kumari	Begusarai	17 kg.	18 kg.	35 Kg.
3 rd	-----	-----	-----	-----	-----

Women—75 kg.

Position	Name	District	Snatch	Clean & Jerk	Total
1 st	Shreya Rani	Katihar	19 kg.	25 Kg.	44 Kg.
2 nd	Guriya Singh	Begusarai	17 kg.	22 Kg.	39 Kg.
3 rd	-----	-----	-----	-----	-----

Best lifter – Men - **Ranveer Singh (Patna)**
Women - **Puja Kumari (Jehanabad)**
Overall Champion - **Begusarai**
Runners up - **Patna**

Number of District participated - 20

Number of athletes participated- 173